



## University of Prishtina

“Hasan Prishtina”

*UNIVERSITAS STUDIORUM PRISHTINIENSIS*

**Faculty of Medicine**

**Bulevardi i Dëshmorëve p.n, 10000 Prishtina, Kosovo**

Tel: +381-38-512221 [URL: http://www.uni-pr.edu](http://www.uni-pr.edu)

Fax: +381-38-512223 e-mail: [mjekesia@uni-pr.edu](mailto:mjekesia@uni-pr.edu)

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# University of Prishtina Faculty of Medicine

**Level of Studies:**

Bachelor

**Academic Title Awarded:**

Physiotherapy and Rehabilitation, BSc

**Number of Credits:**

240 ECTS

**Accredited for the period:**

September 15, 2025 – September 30, 2028

Year: I										
Semester: I										
Hours /semester										
No	O/ E	Subject	L+S	P			Self-study	Total	ECTS	Lecturer
				LP	CE	CP				
1.	O	Anatomy I	30+15	30	/	/	75	150	6	Department of Anatomy
2.	O	Physics with Electronics	15+15	/	/	/	45	75	3	Prof. Dr. Meleq Bahtijari
3.	O	Basics of Physiology	30+0	30	/	/	40	100	4	Department of Physiology
4.	O	Introduction to Physiotherapy	30+0	/	30	/	40	100	4	Asst. Prof. Merita Qorolli Asst. Sylejman Miftari, PT PhD
5.	O	Ethics and Legislation in Physiotherapy	30+0	/	/	/	45	75	3	Prof. Dr. Sefedin Muçaj Asst. Prof. Eqrem Gara
6.	O	Psychology	15+0	/	/	/	35	50	2	Department of Neuropsychiatry
7.	O	Structural Kinesiology and biomechanics in Physiotherapy I	15+0	/	30	/	30	75	3	Department of Orthpedics, Asst. Shkurta Rrecaj-Malaj, PT, PhD
8.	O	Medical English	15+0	15	/	/	20	50	2	Department of English language, Faculty of Philology, UP
9.	O	Basics of Epidemiology	30+0	0	/	/	45	75	3	Department of Epidemiology

<b>Total</b>			<b>210+30</b>	<b>75</b>	<b>60</b>	<b>/</b>	<b>375</b>	<b>750</b>	<b>30</b>	
			<b>375</b>				<b>375</b>	<b>750</b>	<b>30</b>	

<b>Semester: II</b>										
<b>Hours /semester</b>										
<b>P</b>										
<b>No</b>	<b>O/E</b>	<b>Subject</b>	<b>L+S</b>	<b>LP</b>	<b>CE</b>	<b>CP</b>	<b>Self-study</b>	<b>Total</b>	<b>ECTS</b>	<b>Lecturer</b>
1.	O	Anatomy II	30+15	30	/	/	50	125	5	Department of Anatomy
2.	O	Histology and Basics of Pathology	30+0	15	/	/	55	100	4	Department of Histology with Embryology
3.	O	Physiology and Pathophysiology	30+0	15	/	/	55	100	4	Department of Physiology and Immunology, Department of Pathologic Physiology
4.	O	Biochemistry	15+0	15	/	/	45	75	3	Department of Biochemistry
5.	O	Structural Kinesiology and Biomechanics in Physiotherapy II	30+0	/	15	15	65	125	5	Physiotherapy Branch Asst. Shkurta Rrecaj-Malaj, PT, PhD
6.		Principles of Exercises in Physiotherapy	30+0	/	15	15	40	100	4	Physiotherapy Branch Asst. Arbnore Ibrahimaj-Gashi, PT, PhD,

										Asst. Shkurta Rrecaj-Malaj, PT, PhD
7.		First aid and cardiopulmonary resuscitation	15+15	0	/	/	45	75	3	Department of Anaesthesiology
Elective subjects:										
8	E	Digital health literacy in Physiotherapy	30+0	/	/	/	20	50	2	Asst. Prof. Merita Qorolli
	E	Surface anatomy and palpation in physiotherapy	30+0	/	/	/	20	50	2	Physiotherapy Branch, Asst. Arbnore Ibrahimaj-Gashi, PT, PhD
	E	Communication Skills	30+0	/	/	/	20	50	2	Prof. Asoc. Valbona Zhjeqi
<b>Total</b>			<b>210+30</b>	<b>75</b>	<b>30</b>	<b>30</b>	<b>375</b>	<b>750</b>	<b>30</b>	
				<b>375</b>			<b>375</b>	<b>750</b>	<b>30</b>	

Year: II										
Semester: III										
No	O/E	Subject	L+S	Hours/ semester				ECTS	Lecturer	
				P		Self study	Total			
				CE	CP					
1.	O	Clinical Kinesiology I	15+15	30	/	40	100	4	Department of orthopedics and Physiotherapy Branch Asst. Arbnore Ibrahimaj-Gashi, PT, PhD	
2.	O	Assessment in Physiotherapy	15+15	15	15	65	125	5	Physiotherapy Branch	

									Asst. Shkurta Rrecaj-Malaj, PT, PhD
3	O	Physiotherapeutic pain management	15+0	/	15	45	75	3	Physiotherapy Branch Asst. Arbnore Ibrahimaj-Gashi, PT, PhD Asst. Shkurta Rrecaj-Malaj
4.	O	Orthopedics and Ortho-prosthetics	15+15	/	/	45	75	3	Department of Othopedics
5.	O	Physiotherapy in Musculoskeletal System Disorders I and Manual therapy I	30+15	15	30	85	175	7	Physiotherapy Branch Asst. Arbnore Ibrahimaj-Gashi, PT, PhD Asst. Naser Lahu, PT, PhD
6.	O	Clinical Practice I	0+0	/	90	60	150	6	Physiotherapy Branch
<i>Elective subjects:</i>									
7.	E.	<i>Prevention of Sports Injuries</i>	30+0	/	/	20	50	2	<i>Asst. Prof. Bujar Shabani</i>
	E.	<i>Pathophysiology of Injuries in Children</i>	30+0	/	/	20	50	2	<i>Asst. Prof. Dafina Bytyqi</i>
	E.	<i>Motor control learning and development</i>	30+0	/	/	20	50	2	<i>Asst. Prof. Samire Beqaj</i>
<b>Total</b>			<b>120 +60</b>	<b>60</b>	<b>150</b>	<b>360</b>	<b>750</b>	<b>30</b>	
			<b>390</b>			<b>360</b>	<b>750</b>	<b>30</b>	

Semester: IV									
No	O/E	Subject	Hours/ semester					ECT S	Lecturer
			L+S	P		Self study	Total		
				CE	CP				
1	O	Clinical Kinesiology II	15+15	30	/	65	125	5	Asst. Prof. Eqrem Gara Asst. Arbnore Ibrahimaj-Gashi, PT, PhD
2	O	Physical Medicine and Rehabilitation I	15+15	/	15	55	100	4	Assoc. Prof. Teuta Osmani-Vllasolli
3.	O	Physiotherapy in Musculoskeletal System Disorders II and Manual therapy II	30+15	15	30	60	150	6	Physiotherapy Branch Asst. Arbnore Ibrahimaj-Gashi, PT, PhD, Asst. Sylejman Miftari, PT, PhD,
4	O	Biostatistics	30+0	15	0	55	100	4	Prof. Asst. Sanije Gashi
5	O	Clinical medical sciences I	30+0	/	/	45	75	3	Department of neurology and paediatrics
6	O	Clinical Practice II	0+0	/	90	60	150	6	Physiotherapy Branch
Elective subjects:									
7	E	<i>Ergotherapy</i>	<i>15+0</i>	<i>/</i>	<i>15</i>	<i>20</i>	<i>50</i>	<i>2</i>	<i>Assoc. Prof. Teuta Osmani-Vllasolli</i>
	E.	<i>Physiotherapy in Intensive Care</i>	<i>15+0</i>	<i>/</i>	<i>15</i>	<i>20</i>	<i>50</i>	<i>2</i>	<i>Asst. Prof. Eqrem Gara</i>
	E	<i>Multidisciplinary approach in rehabilitation</i>	<i>15+0</i>	<i>/</i>	<i>15</i>	<i>20</i>	<i>50</i>	<i>2</i>	<i>Assoc. Prof. Ardiana Murtezani</i>
<b>Total</b>			<b>135+45</b>	<b>60</b>	<b>150</b>	<b>360</b>	<b>750</b>	<b>30</b>	
			<b>390</b>			<b>360</b>	<b>750</b>	<b>30</b>	

Year: III									
Semester: V									
No	O/E	Subject	L+S	Hours/ semester				ECTS	Lecturer
				P		Self study	Total		
				CE	CP				
1	O	Physiotherapy in Clinical medical sciences I /a	45 +0	15	30	110	200	8	Asst. Prof. Samire Beqaj Asst. Naser Lahu, PT, PhD
2	O	Physical Medicine and Rehabilitation II	30+0	/	15	30	75	3	Assoc. Prof. Teuta Osmani-Vllasolli
3	O	Clinical medical sciences II	30+0	/	/	45	75	3	Department of Surgery and Gynecology
4	O	Physiotherapy in Clinical medical sciences II	30+0	15	15	115	175	7	Asst. Prof. Merita Qorolli Asst. Adem Hykolli, PT, PhD
5	O	Clinical Practice III	0+0	/	120	55	175	7	Physiotherapy Branch
6			<i>Elective subjects</i>						
	E	<i>Community based Rehabilitation</i>	15+15	/	/	20	50	2	<i>Assoc. Prof. Teuta Osmani-Vllasolli</i>
	E	<i>Physiotherapy in Rare Diseases</i>	15+15	/	/	20	50	2	<i>Asst. Prof. Samire Beqaj</i>
	E	<i>Management and Entrepreneurship in Physiotherapy</i>	15+15	/	/	20	50	2	<i>Asst. Prof. Eqrem Gara</i>
<b>Total</b>			<b>150+15</b>	<b>30</b>	<b>180</b>	<b>375</b>	<b>750</b>	<b>30</b>	
				<b>375</b>		<b>375</b>	<b>750</b>	<b>30</b>	

Semester: VI									
No	O/ E	Subject	L+S	Hours /semester				ECTS	Lecturer
				P		Self study	Total		
				CE	CP				
1	O	Physiotherapy in Clinical medical sciences I /b	45+0	15	30	85	175	7	Asst. Prof. Samire Beqaj Asst. Adem Hykolli, PT, PhD
3	O	Clinical medical sciences III	45+0	/	/	55	100	4	Department of Internal Medicine
4	O	Physiotherapy in Clinical medical sciences III	45+0	15	30	85	175	7	Asst. Prof. Merita Qorolli Assoc. Prof. Ardiana Murtezani Asst. Arbnore Ibrahimaj-Gashi, PT, PhD Asst. Naser Lahu, PT, PhD
4	O	Research methodology in Physiotherapy	30+0	/	/	45	75	3	Asst. Prof. Samire Beqaj Asst. Prof. Rina Hoxha
5	O	Clinical Practice IV	0+0	/	120	55	175	7	Physiotherapy Branch
<i>Elective subjects:</i>									
6	E	<i>Orientation and Career Planning in the Field of Physiotherapy</i>	15+0	/	/	35	50	2	<i>Asst. Prof. Merita Qorolli</i>
	E	<i>Solving Clinical Problems in Physiotherapy</i>	15+0	/	/	35	50	2	<i>Asst. Prof. Eqrem Gara</i>

	<i>E</i>	<i>Sports for People with Special Needs</i>	15+0	/	/	35	50	2	<i>Asst. Prof. Samire Beqaj</i>
<b>Total</b>			<b>180</b>	<b>30</b>	<b>180</b>	<b>360</b>	<b>750</b>	<b>30</b>	
			<b>390</b>			<b>360</b>	<b>750</b>	<b>30</b>	

<b>Year: IV</b>									
<b>Semester: VII</b>									
<b>No</b>	<b>O/E</b>	<b>Subject</b>	<b>L+S</b>	<b>Hours/semester</b>			<b>Total</b>	<b>ECTS</b>	<b>Lecturer</b>
				<b>P</b>		<b>SS</b>			
				<b>CE</b>	<b>CP</b>				
1	O	Sports physiotherapy	15+15	15	15	65	125	5	Physiotherapy Branch Asst. Naser Lahu, PT, PhD
2	O	Radiology	15+15	/	/	45	75	3	Prof. Dr. Serbeze Kabashi Asst. Prof. Kreshnike Dedushaj
3	O	Physiotherapy in Geriatrics	15+15	/	15	55	100	4	Assoc. Prof. Ardiana Murtezani Asst. Adem Hykolli, PT, PhD
4	O	Physiotherapy in Health Promotion and Healthy Aging	30+0	/	30	65	125	5	Asst. Prof. Merita Qorolli Asst. Sylejman Miftari, PT, PhD
5	O	Pharmacology in Physiotherapy	15+15	/	/	45	75	3	Prof. Dr. Shaip Krasniqi Asst. Prof. Valon Krasniqi
6	O	Clinical Practice V	0+0	/	150	100	250	10	Physiotherapy Branch
<b>Total</b>			<b>90+60</b>	<b>15</b>	<b>210</b>	<b>375</b>	<b>750</b>	<b>30</b>	
			<b>375</b>			<b>375</b>	<b>750</b>	<b>30</b>	

Semester: VIII									
No	O/ E	Subject	L+S	Hours/semester			Total	ECTS	Lecturer
				P		SS			
				CE	CP				
5	O	Physiotherapy in primary health care	30+0	15	15	40	100	4	Asst. Prof. Samire Beqaj Asst. Shkurta Rrecaj, PT, PhD Asst. Adem Hykolli, PT, PhD
1		Evidence Based Physiotherapy	30+15	/	/	55	100	4	Asst. Prof. Merita Qorolli
2		Clinical Practice VI	/	/	225	75	300	12	Physiotherapy Branch
3		Diploma thesis	/	/	/	250	250	10	Physiotherapy branch
<b>Total</b>			<b>60+15</b>	<b>15</b>	<b>240</b>	<b>420</b>	<b>750</b>	<b>30</b>	
				<b>330</b>		<b>420</b>	<b>750</b>	<b>30</b>	

Cumulative teaching hours per semester (15 weeks):

Semester = 15 weeks	L	S	P LE+CE+CP	SS	T
I	210	30	75+60+0	375	750
II	210	30	75+30+30	375	750
III	120	60	0+60+150	360	750
IV	135	45	0+60+150	360	750
V	150	15	0+30+180	375	750
VI	180	/	0+30+180	360	750
VII	90	60	0+15+210	375	750
VIII	60	15	0+15+240	420	750
Total	1155	255	150+300 +1140	3000	6000
L vs S+P	1155		1845	3000	6000

L - Lectures

S - Seminars

P -Practice

LE - Laboratory practice

CE - Clinical exercise

CP - Clinical practice

SS - Self-study

T - Total

1 ECTS = 25 hours